



# 2024 WEVZA VOLLEYBALL COACHING SEMINAR

7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> June 2024 Sports Hall Río Esgueva Rector Hipólito Durán, s/n Valladolid











## Contributors

- + Western European Volleyball Zonal Association (WEVZA)
- + National Sport Council
- + Olympic Committee of Spain
- + Castilla y León Government
- + Volleyball Federation of Castilla y León

### Aims

To strength the working coaching abilities.

To develop new concepts and models for Volleyball training.

To profit the gaining experience of successful professional coaches.

## Lecturers

$\bigcirc$	Davide Mazzanti (Italy)	Women Volleyball	Ex-Italian National Team Coach
	Mark Lebedew (Australia)	Men Volleyball	German Superleague Coach
C	Ferhat Akbas (Turkiye)	Women Volleyball	Turkish Superleague Coach
	Guillermo Falasca (Spain)	Men Volleyball	Italian Superleague Coach

## Presentations' Style

Practical on court, with team demonstrators.

### Language

Each presenter in his own language or English. Consecutive translation to English, if need.

# **INFORMATION AND REGISTRATIONS**

The registration fee for the Coaching Seminar is €70.00.

Interested parties must register through the electronic learning platform: https://voleibol-esp.olimpiada.es/

Submit the completed Registration Form and the bank payment by transfer\* to the RFEVB account LA CAIXA: ES52 - 2100 - 9194 - 14 - 2201352537

\*Please mention in the concept: Coaching Seminar and the subscriber's name. For detailed information and support, contact: Jorge Rodríguez: **formacion@rfevb.com** 

# Timetable

# 7th June - First Session

- 16:30 Accreditation
- 17:00 Opening Seminar
- 17:05 ""How to develop a faster and more precise float serve".

#### PRESENTER: DAVIDE MAZZANTI (ITA).

- 18:05 Pause
- 18:30 "Reading block, how to improve the middleblockers decissions".

#### PRESENTER: MARK LEBEDEW (AUS).

**19:30** "Skills and tactic of the pass depending on server trend".

#### PRESENTER: FERHAT AKBAS (TUR).

20:30 End of first session.

## 8th June - Second Session

- 09:30 Reading of scientific papers
- 10:30 "The attack from an outside hitter perspective. Current solutions"

#### PRESENTER: MARK LEBEDEW (AUS)

- 11:30 Pause
- 12:00 "Defense Skills and how to improve our breakpoint"

#### Presenter: Ferhat Akbas (TUR).

**13:30** End of the second session

# 8th June - Third Session

- 16:30 "Adjusting the opposite timming attack depending on the ball trajectory". PRESENTER: GUILLERMO FALASCA (ESP).
  17:30 "Accuracy, creativity and development of high performance setters" PRESENTER: DAVIDE MAZZANTI (ITA).
  18:30 Pause
  19:00 Round Table: "Error management in competition and training. Strategies as a coach in each case" DAVIDE MAZZANTI (ITA), FERHAT AKBAS (TUR), MARK LEBEDEW (AUS) Y GUILLERMO FALASCA (ESP)
  10:20 End of the third ecosion
- **19:30** End of the third session

# 9th June - Fourth Session

09:30 Reading of scientific papers
10:00 "How to train effectively". PRESENTER: MARK LEBEDEW (AUS).
11:00 "Improvement of individual and collective blocking skills". PRESENTER: FERHAT AKBAS (TUR).
12:00 Pause
12:30 "The distance between the middle and the setter and their connection with the back row attack". PRESENTER: DAVIDE MAZZANTI (ITA).
13:30 Seminar Closure

# COMMUNICATIONS

Registered attendees at the Seminar will be able to present written Communications (to be read during the Congress), whose theme is directly related to the development and/or training of Volleyball

#### Guidelines:

 Communications must be send in format Word, in single space, font Arial size 12 and with a margin of 2,5 per side

 Deadline for submission by email to formacion@ rfevb.com until 12th May of 2024

 Communications that are accepted by the Scientific Committee of the Seminar may be read during the event, with the author(s) having 15 minutes for this purpose.

- The document must include:
  - ▶ Title, author/s and Date of completion.
  - Abstract (15 lines).
  - Keywords
  - Contents (Max. 5 pages).
  - Conclusions (Max. 20 lines).
  - Bibliographical References.

#### ITALIA

#### **DAVIDE MAZZANTI**



#### CURRENT CLUB: ITAS TRENTINO (ITA)

#### ITALIAN NATIONAL TEAM ACHIEVEMENTS Gold Volley Nations League 2022 Bronze World Championship 2022 Gold European Championship 2021 Bronze European Championship 2019 Silver World Championship 2018 CLUB ACHIEVEMENTS: IMOCO VOLLEY CONEGLIANO (ITALY) 1<sup>st</sup> Place Italian Supercoppa 2016 1<sup>st</sup> Place Italian Coppa 2016 1<sup>st</sup> Place Italian League 2015 2<sup>nd</sup> Place CEV Champions League CLUB ACHIEVEMENTS: VOLLEYBALL CASALMAGGIORE (ITALY) 1<sup>st</sup> Place Italian League 2015

CLUB ACHIEVEMENTS: VOLLEY BERGAMO (ITALY) 1<sup>st</sup> Place Italian Supercoppa 2011 1<sup>st</sup> Place Italian League 2010

#### AUSTRALIA

#### **MARK LEBEDEW**



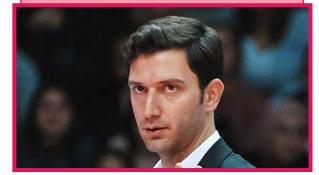
#### CURRENT CLUB: VFB FRIEDRICHSHAFEN (GER)

#### Australian National team achievements Silver Asian Championship 2019 World Championship 2018

- CLUB ACHIEVEMENTS: VFP FRIEDRICHSHAFEN (GERMANY) 1<sup>st</sup> Place German Cup 2021-22
- CLUB ACHIIEVEMENTS: JASTRZĘBSKI WĘGIEL (POLAND) 3<sup>rd</sup> Place Polish League 2016-17
- CLUB ACHIEVEMENTS: BERLÍN RECYCLING VOLLEY (GERMANY) Bronze CEV Cup 2015 1<sup>st</sup> Place German League 2012-13-14
- HEAD COACH ALURON VIRTU WARTA ZAWIERCIE (POLAND)

#### TURKEY

#### FERHAT AKBAS



#### CURRENT CLUB: ECZACIBASI DYNAVIT (TUR)

#### NATIONAL TEAM ACHIEVEMENTS

Head Coach National Team of Croatia Head Coach National Team of Turkiye CLUB ACHIEVEMENTS: ECZEACIBASI DYNAVIT (TURKIYE)

1<sup>st</sup> Place World Clubs Championship 2023 2<sup>nd</sup> Place CEV Champions League 2022 1<sup>st</sup> Place CEV Cup 2021

CLUB ACHIEVEMENTS: GRUPA AZOTY CHEMIK POLICE (POLAND) 1<sup>st</sup> Place Tauron League 2020-2021 1<sup>st</sup> Place Polish Cup 2020-2021 1<sup>st</sup> Place Polish Supercup 2020 CLUB ACHIEVEMENTS: CSM BUCARESTI (ROMANIA)

1<sup>st</sup> Place League and Cup 2018

#### SPAIN

#### **GUILLERMO FALASCA**



#### CURRENT CLUB: CISTERNA VOLLEY (ITA)

CLUB ACHIEVEMENTS: NARBONNE VOLLEY (FRANCE) 1<sup>st</sup> Place CEV Challenge Cup 2022 3<sup>rd</sup> Place French League 2021 Semifinalist French Cup 2019 y 2023

#### HEAD COACH FEEL VOLLEY ALCOBENDAS (SPAIN) Semifinalist Spanish Cup 2016-2017 Semifinalist Liga Iberdrola 2017